



## Preparing for the Freshman Retreat:

### What to Bring

Please use name labels on all items you bring. A laundry marker works well on clothing.

Pack an extra plastic bag for wet or dirty clothing.

Bring a refillable water bottle to prevent dehydration.

Students are responsible to bring their items back home after the retreat. If anything is left at camp, we are not responsible for them.

#### **Clothing:**

Jeans

T-shirts

A light sweater or sweatshirt

Walking or hiking shoes or tennis shoes

Pajamas

Undergarments

Shorts

Socks

Raincoat

Flip-flops for the shower

#### **Linens:**

Twin bed sheets

Towel and washcloth

Pillow and pillow case

#### **Toiletries:**

Toothbrush and tooth paste

Brush and comb

Shampoo

Deodorant

Soap

Sunblock